

PROFESSIONAL DEVELOPMENT TRAIN THE TRAINER

PRESENTED BY
THE STANDARDS & TRAINING COMMITTEE
OCTOBER 14, 2017



AGENDA

-
- 10:00am – 10:30am Introduction
 - 10:30am – 11:00am Overview & Structure of The Award
 - 11:00am – 11:30am Participant Training Criteria
 - 11:30am – 12:00pm Web Site and ORB 2.0
 - 12:00pm – 12:30pm Open Forum for Discussion
 - 12:30pm – 1:00pm Next Steps – Where do we go from here



INTRODUCTION

- ▶ **WELCOME**
All Award Leaders
- ▶ **STANDARDS & TRAINING COMMITTEE**
Introduction of the Committee Members
- ▶ **HOUSEKEEPING**
Bathrooms back towards the elevator and on left
No cell phones please
- ▶ **WHY BEST AND SEST WERE POSTPONED**
Making sure the standard of training was the same across all award units



OVERVIEW OF THE AWARD

The Award framework is comprised of **three levels** and **four sections**.

FRAMEWORK

Service - Encourages young people to **volunteer** and understand the benefits of this to their community.

Skills - Encourages the **development** of personal interests and practical and social skills.

Physical Recreation - Encourages **participation** in sports for the improvement of health and fitness.

Adventurous Journey - Encourages a sense of **adventure** while enjoying a team journey or expedition.

Residential Project (Gold Only) - Aims to **broaden horizons** with others in a residential setting.

INTERNATIONAL STANDARDS

The Award **requirements and structure have remained largely unchanged over the years** because they provide a straightforward and effective framework that allows young people to commit to and experience activities that have a positive impact on their lives.

The requirement of commitment over time is the key element to ensuring that young people realise their learning cycle.

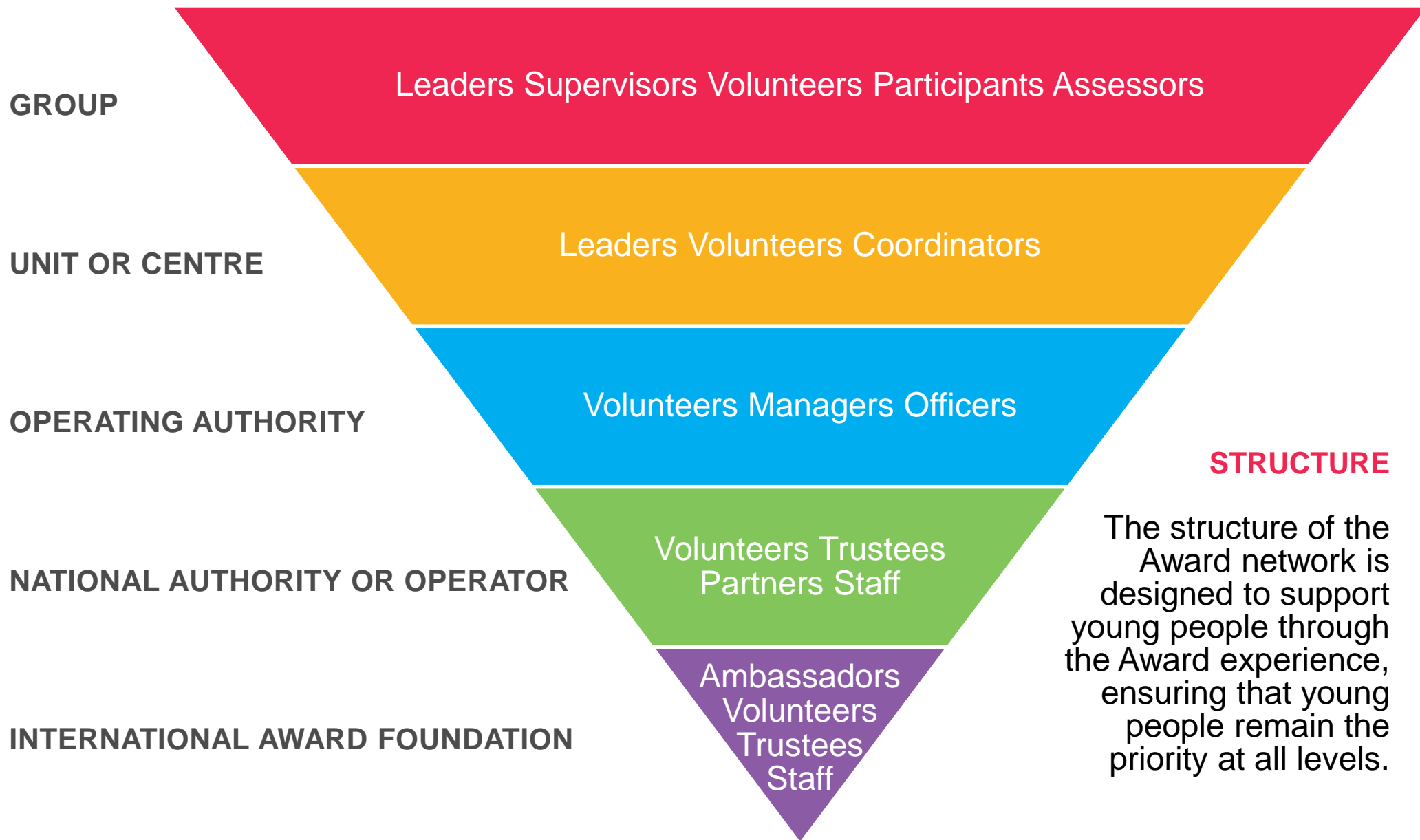


SUB-LICENSING

In agreement with the Bermuda Award's full operational license held with the International Award Foundation all organizations that wish to deliver the Award agree to comply with the Fundamental and Operational Principles of The Award set out by the International Handbook.

As well, **all members must be trained according to guidelines established by the International Award Foundation.**

STRUCTURE OF THE AWARD



STRUCTURE

The structure of the Award network is designed to support young people through the Award experience, ensuring that young people remain the priority at all levels.

PARTICIPANT TRAINING CRITERIA

The Standards & Training Committee, the Award Assessors, and the National Award Office have developed criteria for quality assurance that specifically needs to be followed to improve the integrity of the Award.

THE AWARD TIMELINE

- ▶ 3 - 4 months of training BEFORE Adventurous journey

TRAINING COMPONENTS

- ▶ Not all training components are completing the required number of sessions

ROUTE CARDS & PURPOSES

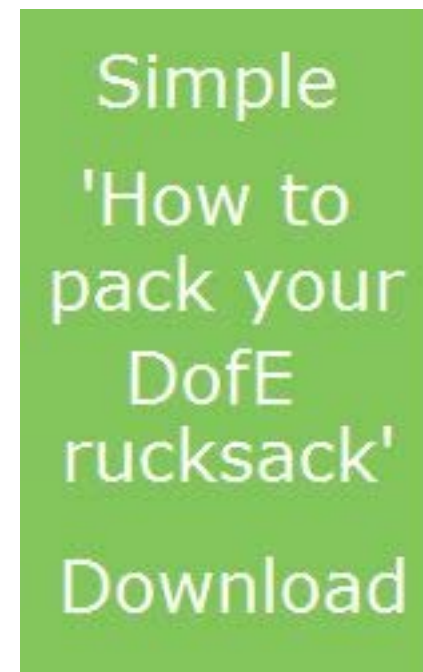
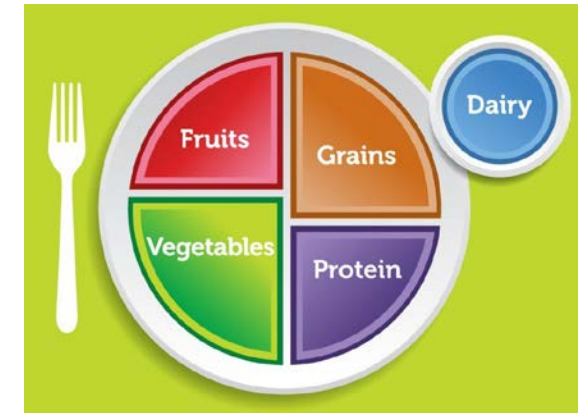
- ▶ Distances incorrect, not filled out correctly,
- ▶ Weak, no direction, unattainable

RUCKSACKS

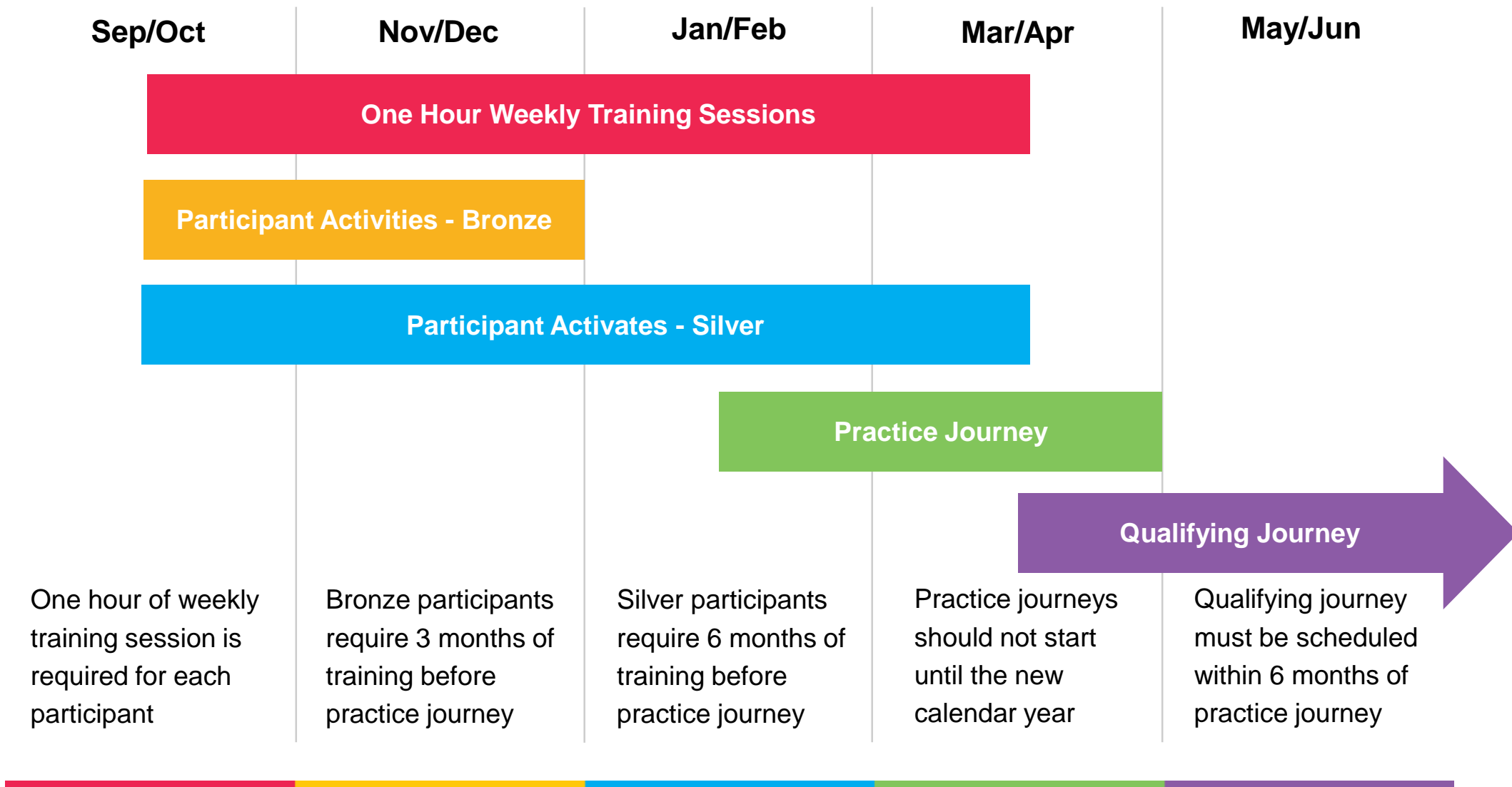
- ▶ Not packed properly, too heavy, load not distributed across all participants

NUTRITION

- ▶ More focus on understanding calories and balanced meal



THE AWARD TIMELINE

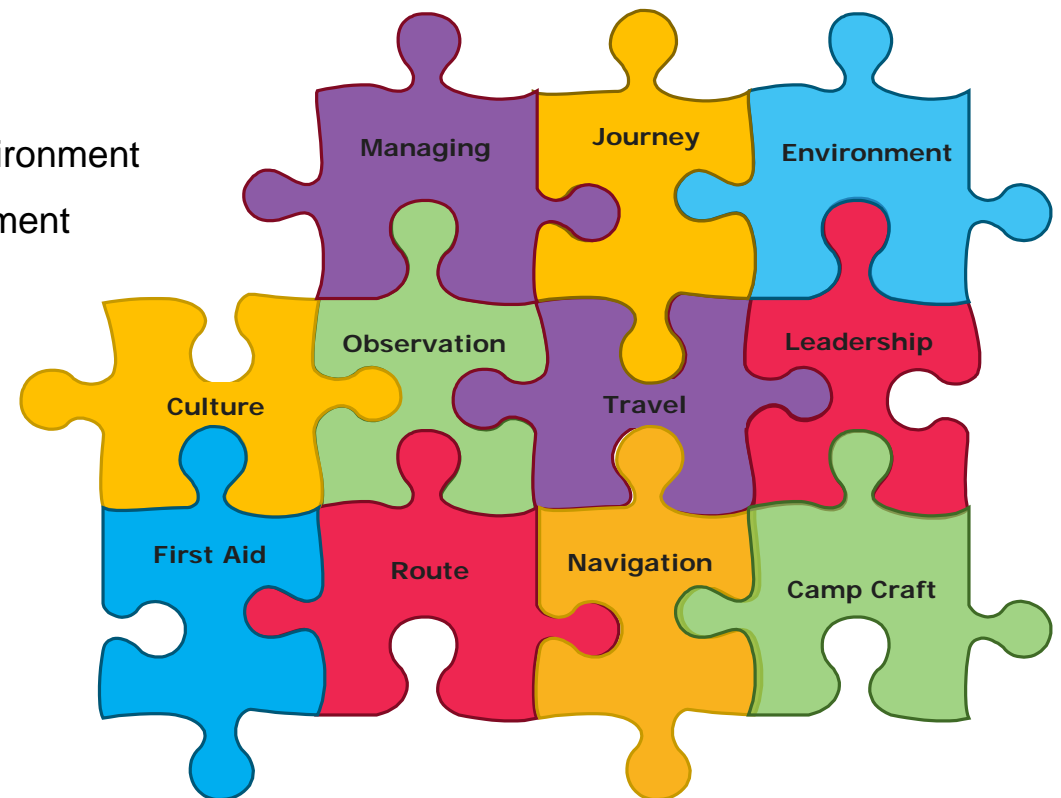


TRAINING COMPONENTS

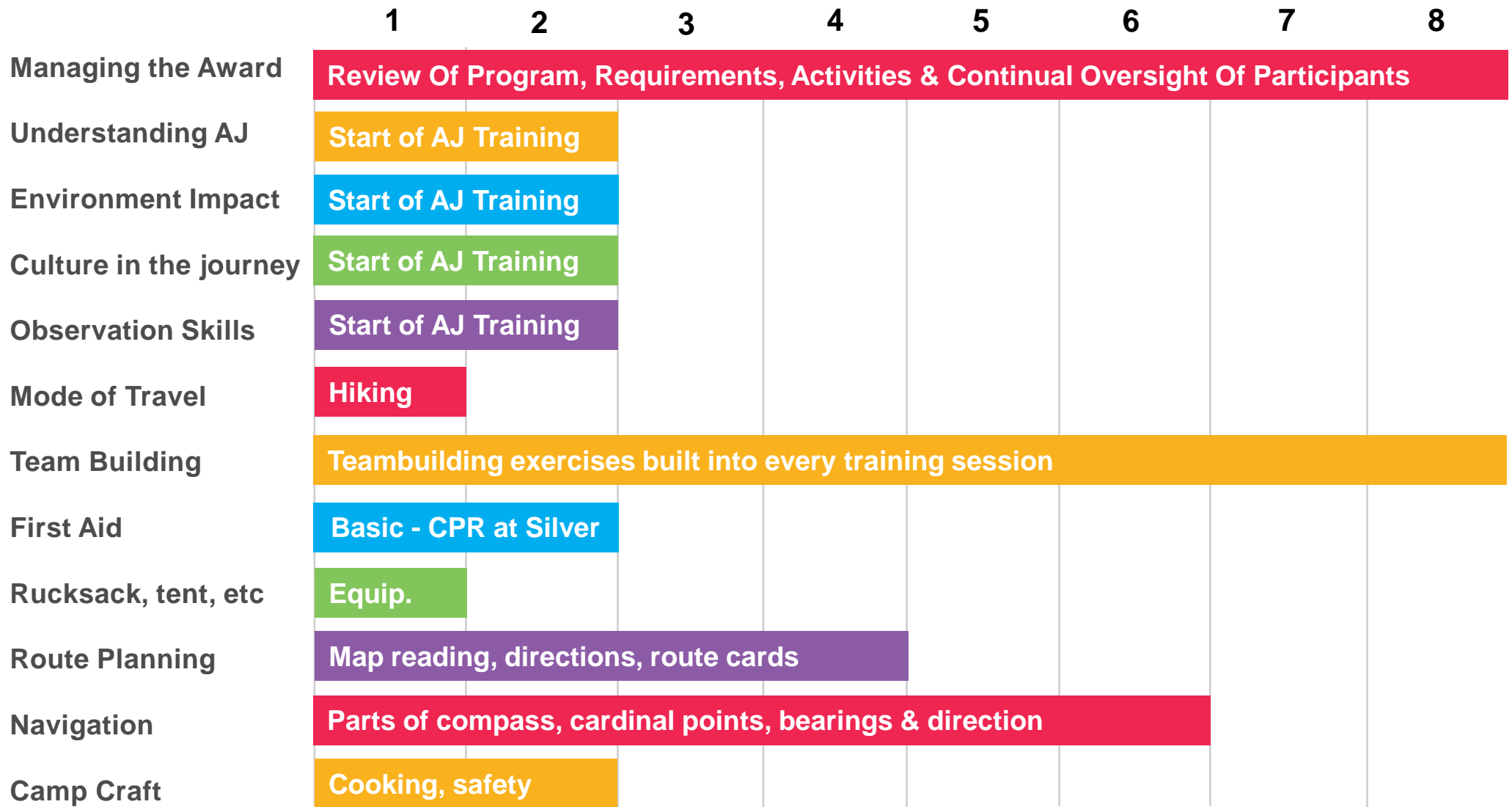
Recommended training template for all schools to follow so all Award Centres are running the same information and complying to the minimal required training sessions.

REQUIRED COMPONENTS

- ▶ Managing The Award (Including Activities)
- ▶ Understanding Of The Adventurous Journey
- ▶ Understanding The Impact Of The Journey On The Environment
- ▶ Appreciating The Culture Within The Journey's Environment
- ▶ Observation & Recording Skills
- ▶ Competency In The Mode Of Travel
- ▶ Team Building & Leadership Training
- ▶ First Aid & Emergency Procedures
- ▶ Necessary Equipment & How To Use It
- ▶ Route Planning
- ▶ Navigation
- ▶ Camp Craft, Including Food & Cooking



11 TRAINING COMPONENTS AND REQUIRED MINIMAL SESSIONS



ROUTE CARDS & PURPOSES

Before any planning, the participants need to find a purpose. Without it, the group cannot plan an effective and challenging expedition with a clear outcome.

ROUTE CARDS

The stops on the route card need to be inline with the purpose. If the group is documenting churches, their stops need to be at churches and not just a bus stop.

Route cards also need to have the calorie breakdown of their meals.

CURRENT PURPOSES

Counting bees or runners are **NOT** valid purposes for the Award. We need to start working with the participants to guide them towards more meaningful purposes that have measurable results.

EXAMPLES OF GOOD PURPOSES

- ▶ Investigate the changes in agriculture over the last 100 years.
- ▶ Explore an historic place and document the scenery and history (ie. Dockyard).
- ▶ Photograph and describe interesting old buildings along your route.
- ▶ Monitor the levels of litter on your route and plan how you could campaign to reduce this.
- ▶ Create a nature guide of your route for future visitors.
- ▶ Document and photograph known haunted houses in Bermuda.

MEAL PLAN

List meal items for each day and who is responsible for each item

BREAKFAST:

Oatmeal with raisins and cinnamon
Nature valley cereal bar
Tea with sugar

Calories = 445

LUNCH:

Pita wrap with tuna
Salted peanuts
Snickers bar

Calories = 923

DINNER:

Cup of soup
Chicken & Vegetable curry with rice
Fruit & nut chocolate bar
Hot chocolate

Calories = 777



The Duke of Edinburgh's International Award Bermuda Adventurous Journey Route Card

(Use one per day)



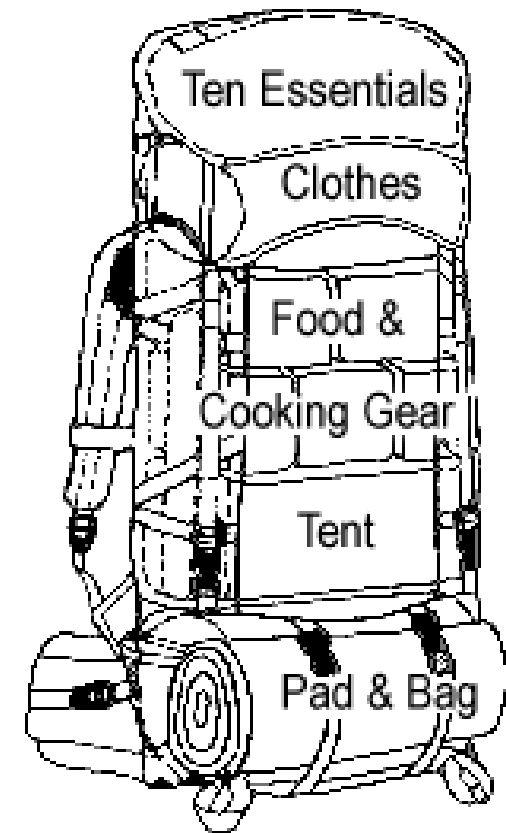
Purpose of Journey: Looking for wizards in the forests of Bermuda		Journey Type: Expedition <input type="checkbox"/> Exploration <input checked="" type="checkbox"/>		Group Members: Hermione Granger, Minerva McGonagall, Harry Potter, Sirius Black, Ron Weasley, Severus Snape, Albus Dumbledore		Name of D of E Group: The Great Wizards						
Day of the Week: Friday		Date: MM/DD/YY 09/24/16		Setting out Time: 9:30 AM		Approved Award Centre: Bermuda School of Wizardry						
START	PLACE	GRID REF	General direction of bearing	Distance in km □ miles	Time allowed for journeying in minutes	Estimated time of arrival	Time allowed for exploring, rests or meals	Total time for leg	Estimated time of departure	Day #	Group Leader: Harry Potter	
	Port Royal Primary Church Road	261 699								1	Tel No: 441-123-4567 Email: harry.potter@wizards.com	
Brief details of route to be followed or planned activity. (Enter full details on page 2)											Escape route and emergency plan	
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)		(l)
1	TO Heron Bay Primary Middle Road	280 705	SE	2.2	45	10:15 AM	25	70	10:40 AM	South East down middle Rd. onto Riviera Rd. onto Heron Bay Primary		Head onto rail trail and back onto Riviera Rd to Heron Bay Primary
2	TO Warwick Post Office Quarry Lane	289 714	SE	2.2	45	11:25 AM	25	70	11:50 AM	South East on middle Rd. up Rhyber pass onto Quarry LN to Warwick post office		Up Pearman's Hill west onto rail trail exit off to Warwick post office
3	TO Warwick Academy Cobbs Hill Rd	310 724	SE	1.6	30	12:20 PM	40	70	1:00 PM	South East down middle Rd. onto Cobbs Hill Rd. to Warwick Academy (includes 30 minute lunch)		Up Keith Hall onto Princeton, onto Morgan Mews, onto Morgan Rd
4	TO Paget Post Office Valley Rd	327 731	SE	2.0	40	1:40 PM	20	60	2:00 PM	South East down middle Rd. onto Valley Rd. to Valley LN to Paget Post Office		Up Dudley Hill to Dudley LN to Valley Rd next to Paget Post Office
5	TO BUEI Front Street	330 743	E	2.0	50	3:00 PM	20	70	3:10 PM	South down South Rd. to Front ST to BUEI		Up Corkscrew hill onto Cavendish Rd onto Front ST to BUEI
6	TO Albouys Point Front Street	317 740	E	1.8	30	3:50 PM	20	50		North on King to Dunderdonal, West on Dunderdonal to Paraville, South on Paraville to Albouys Point.		Down Front Street to Albouys Point

RUCKSACKS

All rucksacks **must be weighed** before departure and packs should not be more than one quarter of the participants body weight. **That's 25%!**

TEAM MEMBERS

- ▶ All team members must share the load of gear taken on their adventurous journey.
- ▶ We have seen groups that one participant is carrying only a small day pack and the rest of the team is carrying the bulk of the shared equipment.
- ▶ Team members also need to learn how to help each other adjust the straps and know where the rucksack should be sitting on their hips for distributed load on knees, shoulders and hips.
- ▶ It is also important to understand the placement of light and heavy items in the rucksack.



NUTRITION – FOOD & COOKING

Participants should not be taught to think of expedition food as dull, functional or unpleasant. It is an opportunity for them to be creative, show off and use it as a core part of a positive expedition experience.

PROTEIN, CARBS, FAT

The route cards require that calories for each meal be added. This will help teach the participants a well-balanced menu for their journey.

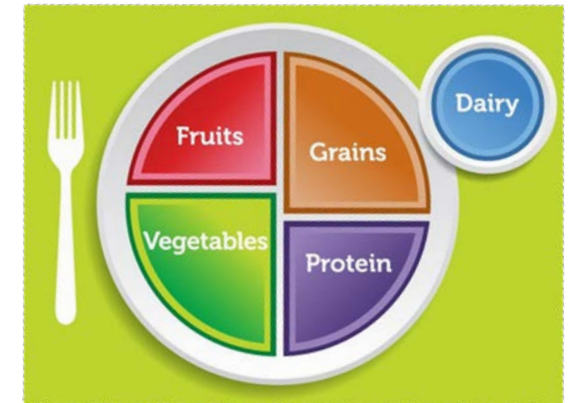
It will also help the assessors determine if enough food, with the correct balance of protein, carbs & fats, are being prepared and eaten.

COOKING

While assessing a group the participants tried to cook food on an open field when it was windy. They did not know they needed to be sheltered from the wind in order to maintain the flame on their stove.

Also saw a group cooking next to a tent.

More training is needed for cooking skills.



WEBSITE AND ORB 2.0

In January we released a new website and September was the release of the new online record book (ORB 2.0).

WEBSITE

The website was built on a new platform to have more flexibility in delivering content to participants, award leaders and others.

It should be the single point of contact for all information, especially if looking for forms or documents.

Under the **Resources** tab is a wealth of knowledge to help both participants, award leaders and assessors.

DEMO OF SITES

ORB 2.0

The next generation of the online record book application is now available for both Award Leaders and Participants.

All the data has been automatically transferred over and you should find it easily in the new interface. The interface is clearer and significantly faster. It is more suited to young people and their needs and it is more intuitive for Leaders.

THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD BERMUDA

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Bermuda Registered Charity No. 540

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The Duke of Edinburgh's International Award Bermuda

THE WORLD'S LEADING YOUTH ACHIEVEMENT AWARD

READ MORE >>

THE AWARD

Whether you want to become a Participant and pursue your Award or you would like to volunteer with the programme, there are many ways to challenge yourself and partner with Bermuda's Young People with The Award Programme.

CERTIFIED AT THE HIGHEST STANDARDS BY: BNSC BERMUDA NATIONAL STANDARDS COMMITTEE

CELEBRATING 50 YEARS 1967 - 2017

ABOUT THE AWARD

Not all learning happens in the classroom. Young people need experiences outside the classroom to become committed, responsible and fulfilled citizens of the world.

READ MORE >>

GET INVOLVED

Get involved and open up your world to new interests, talents, friends and fun. Gain the confidence to believe anything is possible.

READ MORE >>

AWARD PARTNERS

Our partners are the most important for the financial health and stability of The Award. They are a major revenue source for funding of activities and keeping the organization alive.

READ MORE >>

GET INVOLVED & MAKE A DIFFERENCE HELP GROW THE AWARD IN BERMUDA

READ MORE >>

OPEN FORUM & DISCUSSION

Discussion of ideas and how we can move forward together.



NEXT STEPS

Planning for the future of the Award.

Where do we go from here?



FRIDAY FUNDAY

A Friday after work team building event to be scheduled for November. It will be a fun social event to learn from each other some of the skills we need to focus on.

ROUTE CARD REVIEW

Standards & Training will review all route cards to make sure the purpose is inline with the Award and activities are inline with the purpose.

AGENDA/CURRICULUM

Award Leaders to submit training agenda/curriculum as evidence for how they are delivering the Award programme.

REPORTING

Tracking attendance to ensure participants are engaged in training and have periodic reporting for quality assurance and the collection of data. Possibly an online survey to facilitate this.

SUGGESTIONS

Do you have other ideas as how we can better help the award leaders deliver a more efficient programme?



OTHER EMAIL ADDRESSES

ORB HELP: orb@theaward.bm

ADD TO CALENDAR: calendar@theaward.bm

USEFUL LINKS

www.myfitnesspal.com

www.cnpp.usda.gov/mypyramid

HEAD OFFICE

CALL: +1 (441) 537-4868

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admin@theaward.bm

WRITE: PO Box HM 1577
Hamilton, HM GX
Bermuda

STANDARDS & TRAINING COMMITTEE

EMAIL: stc@theaward.bm

MEMBERS: Nancy McCombs
Alison Ince
Jovanna Douglas
Karen Simmons
Stacey deShield
Lisa Brewster
Conor McLaughlin
Traci Burgess (Ex officio)

SOCIAL MEDIA

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INSTAGRAM: [@TheAwardBermuda](https://www.instagram.com/TheAwardBermuda)

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WEB: www.theaward.bm